

GUIDE TO MAKE DIY MASKS



HOW TO MAKE A DIY MASK



DESIGN 1.

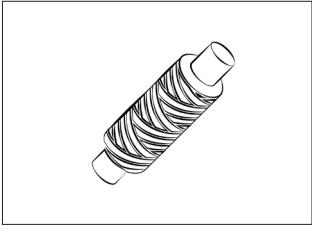
What you need



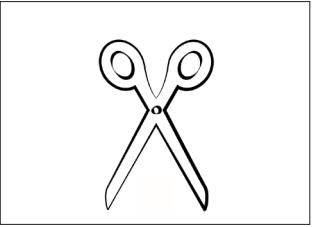
2 cotton fabric rectangles, 20 cm x 16.5 cm



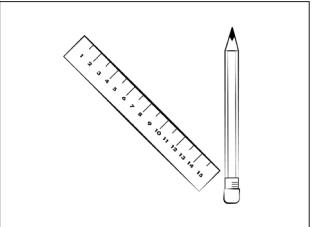
1 fusible interfacing rectangle of 20 cm x 16.5 cm



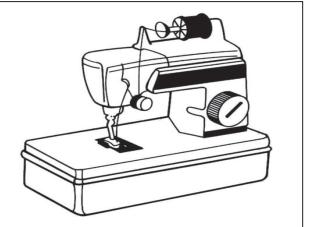
Soft elastic band



Scissors

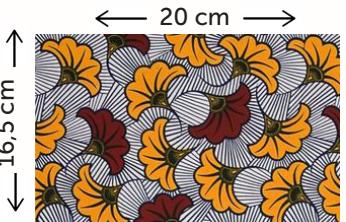


Ruler and pencil

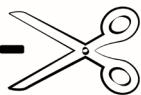


Sewing machine, needle and thread

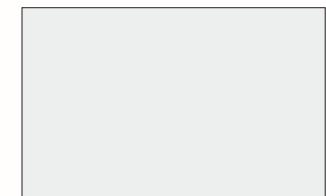
1. First step



Cut 2 rectangles of 100% cotton fabric, 20 cm x 16.5 cm



Cut 1 rectangle of interfacing of 20 cm x 16.5 cm



2. Second step



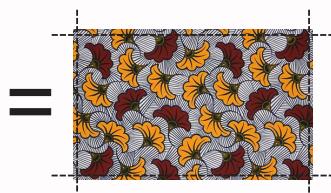
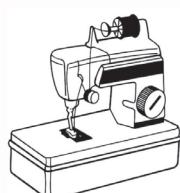
Put the three layers together: cotton + interfacing + cotton

The interfacing will **always** be in the middle

Once the three layers are together, you can iron so that the interfacing adheres to the fabrics



3. Third step



Sew the three overlapping layers

4. Fourth step



5. Fifth step

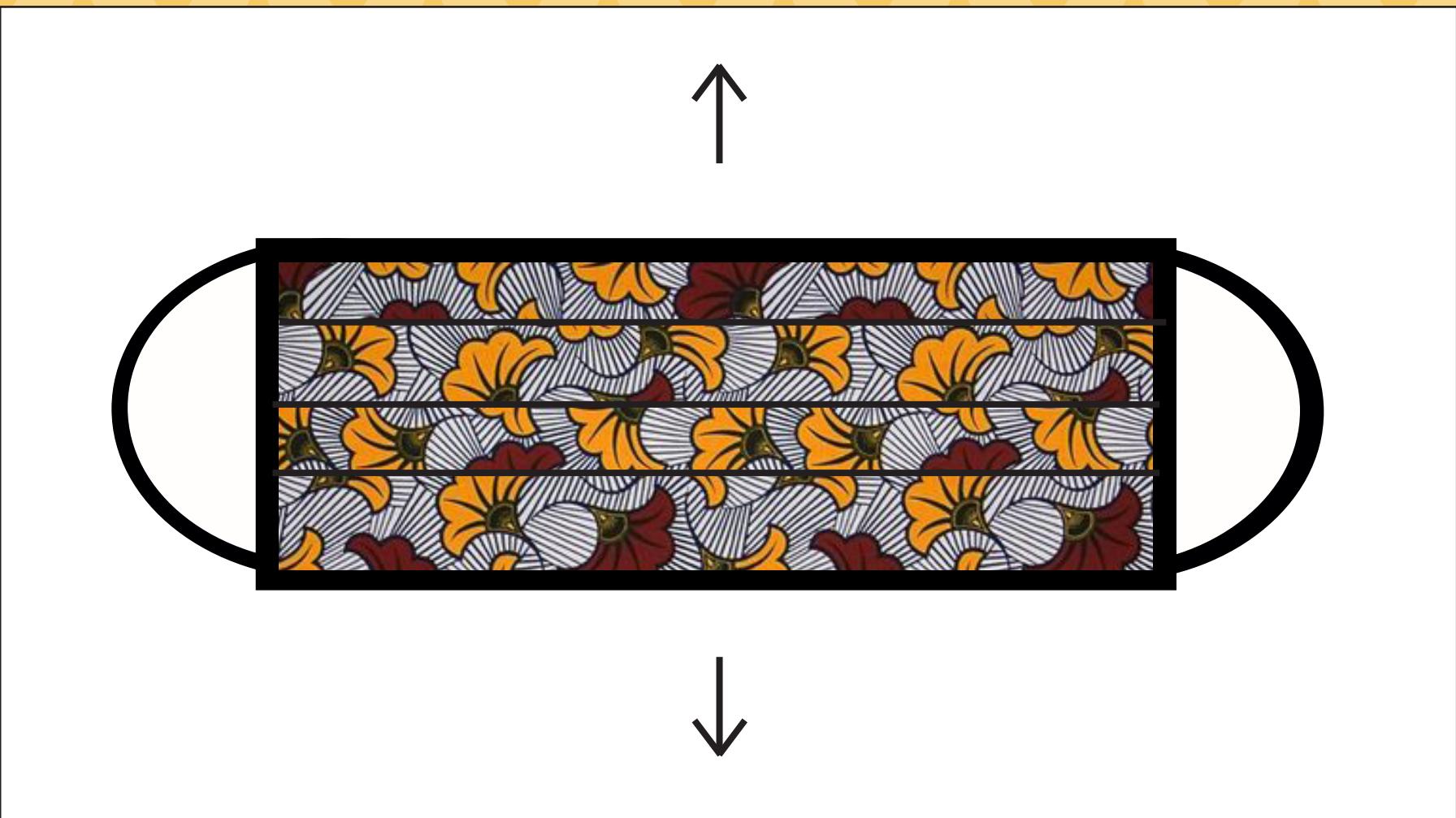


6. Sixth step



7. Seventh step





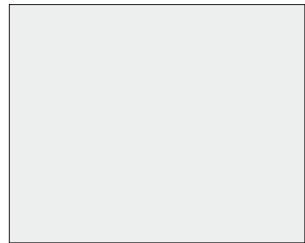


DESIGN 2.

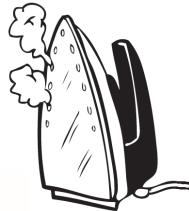
What you need



2 cotton fabric
rectangles, 20 cm x
16.5 cm



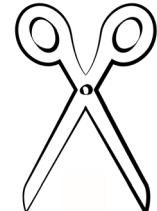
1 fusible interfacing
rectangle of 20 cm x
16.5 cm



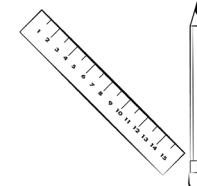
Iron



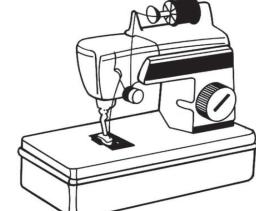
Soft elastic band
and a safety pin



Scissors

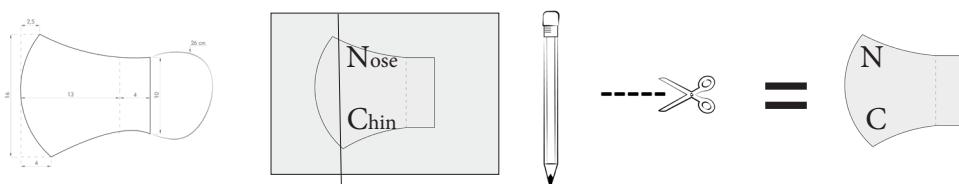


Ruler and pencil

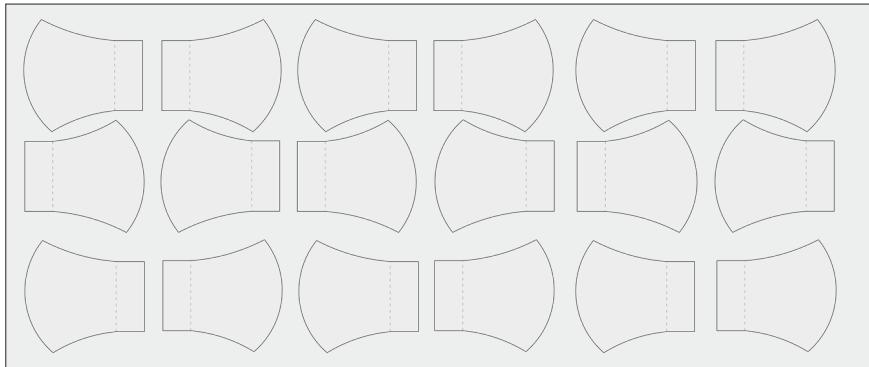


Sewing machine,
needle and thread

1. First step

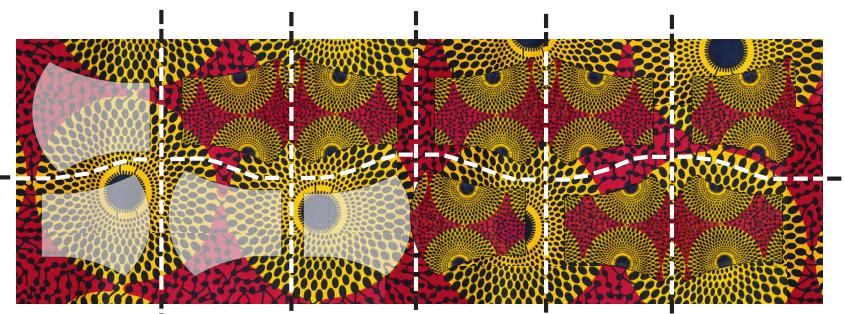
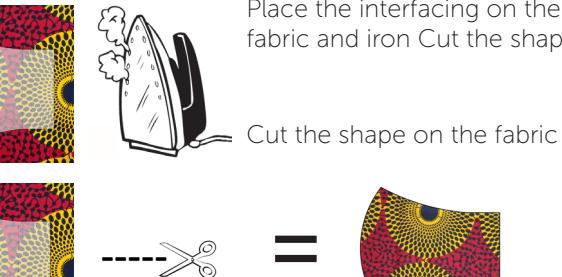


With your pen, draw the shape of the pattern on the interfacing and cut
Or, draw as many shapes as the masks you want to make and cut at the end

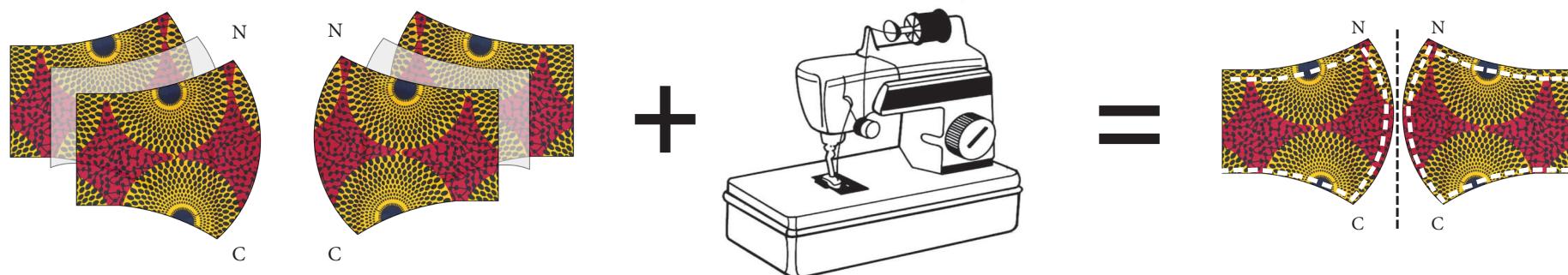


2. Second step

Place the interfacing on the 100% cotton
fabric and iron Cut the shape on the fabric



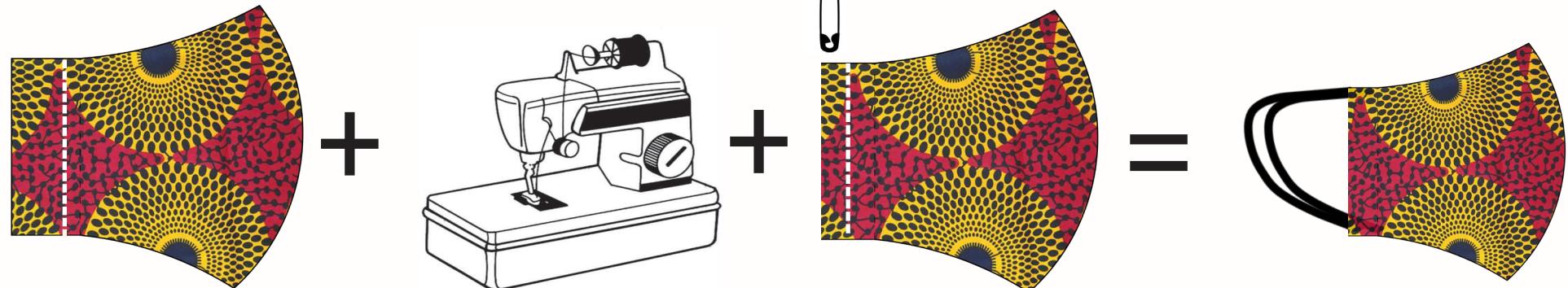
3. Third step



Put the three layers together: cotton + interfacing + cotton
The interfacing will **always** be in the middle
Sew the 3 layers and the 2 parts (left and right) of the mask

NOTE: The shapes are not symmetrical, the angle to cover the nose is smaller than the one for the chin, however before sewing, you must make sure that the angles fit perfectly

4. Fourth step



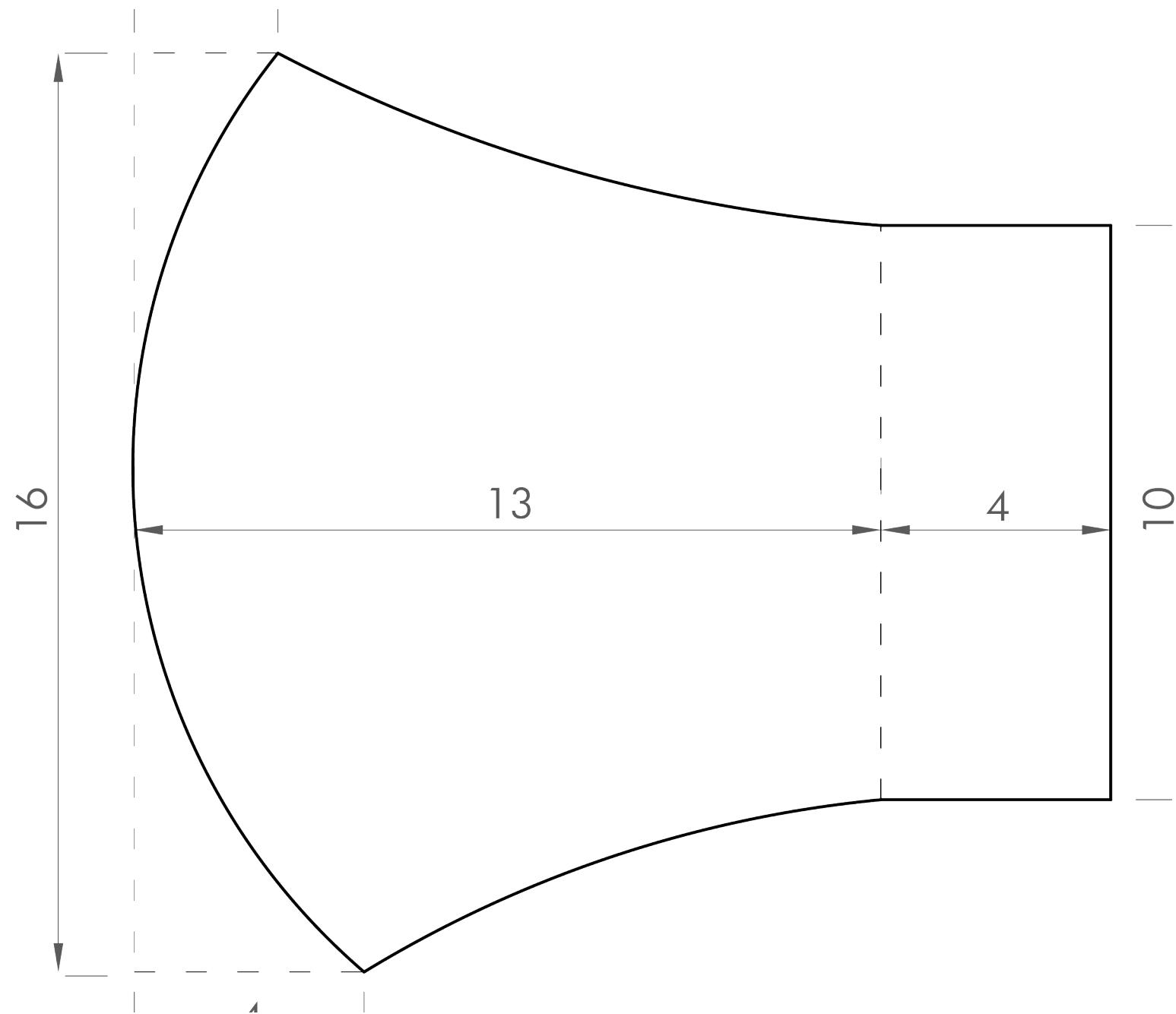
Make a 2 cm hem with space inside for the elastic band

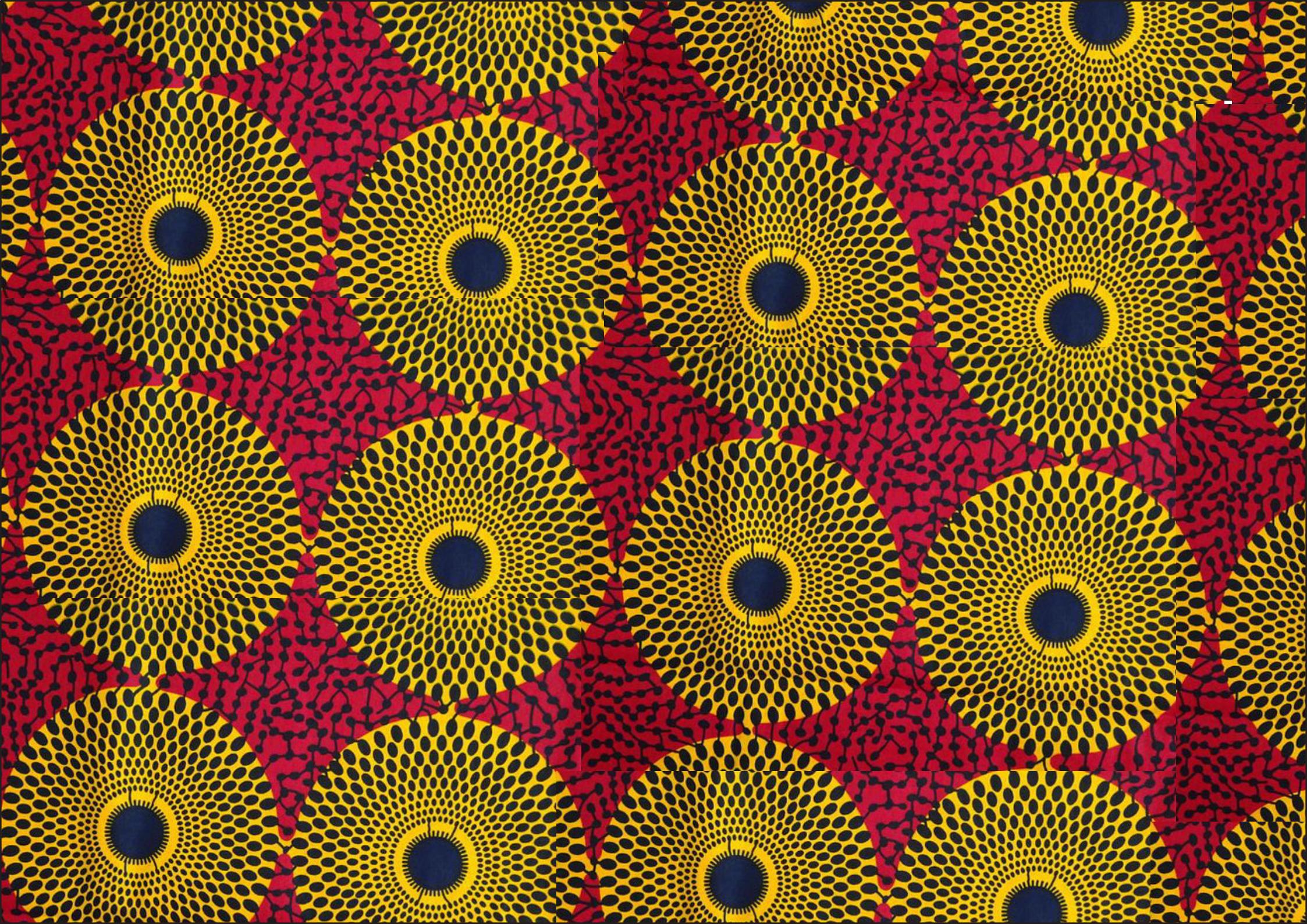
Sew a 25 cm elastic band on each side





It is recommended to print the pattern so to be sure that all measurements are correct





20

3
3
3
3
3
4,5



5'91

